

October 11, 2022

For International Researchers who intend to enter Japan

Gifu University

The Government of Japan has significantly eased the border control regulations for incoming individuals to prevent COVID-19 infections on its national border.

Please apply for your immigration requests by following the procedures as shown below, and through close consultation with your supervisors/staff of your host faculty/school at Gifu University (hereinafter called, “the University”).

I. Quarantine Measures after Entering Japan

Under the new regulations, regardless of the countries or territories you lived/stayed before entering Japan, new entrants to Japan need to show *Vaccine Certificate for Quarantine* (3rd booster shot by designated types of vaccine)” or *COVID-19 Negative Test Result Certificate before departure* (an entrant must undergo a test within 72 hours before his/her departure from home countries/territories, and the certificate must be issued by medical institution). Please access the site below (Japanese or English) for “COVID-19: Current Japanese Border Measures” on the Ministry of Health, Labour and Welfare of Japan website.

COVID-19: Current Japanese Border Measures

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00209.html

(Japanese)

<https://www.mhlw.go.jp/stf/covid-19/bordercontrol.html> (English)

II. Before Leaving Your Home Country/Territory

1. Approval for Entering Japan
 - 1) International researchers are asked to consult their supervisors or staff of your host faculty/school at the University concerning the date of entry to Japan, necessary procedures, etc. before leaving your home country/territory.
 - 2) Upon determination of departure date, please inform the staff of your host faculty/school of departure date, and send the University all necessary data that you are required to submit by email.
2. Visa Application and Travel Arrangement
 - 1) When receiving documents sent from the staff of your host faculty/school at the

University, please apply for your visa at the nearest Japanese diplomatic offices (Japanese Embassy, Consulate-General of Japan or Consular Office of Japan). Please check necessary documents to take with the Japanese diplomatic offices beforehand.

- 2) International researchers are responsible for reserving their air tickets and payment for travel expense.

3. *Vaccine Certificate for Quarantine or COVID-19 Negative Test Result Certificate before departure* (*testing must be carried out within 72 hours before departure)

- 1) International researchers need to show *Vaccine Certificate for Quarantine* (3rd booster shot by designated types of vaccine) or *COVID-19 Negative Test Result Certificate before departure* (entrants must undergo a test within 72 hours before his/her departure from home countries and the certificate must be issued by a medical institution) at the airport when arrived in Japan. Please access the following websites (the Ministry of Health, Labour and Welfare of Japan; Japanese or English), and prepare for *Vaccine Certificate for Quarantine or COVID-19 Negative Test Result Certificate before departure*. If you cannot show either of the certificates at the airport, you may not be allowed to enter Japan in accordance with the Japanese Quarantine Act.

- *Vaccine Certificate for Quarantine*

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/border_vaccine.html

(Japanese)

https://www.mhlw.go.jp/stf/covid-19/border_vaccine.html

(English)

- *COVID-19 Negative Test Result Certificate before departure*

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00248.html

(Japanese)

https://www.mhlw.go.jp/stf/covid-19/border_test.html

(English)

4. To-Do List Before Departure (*MySOS, Fast Track*, etc.)

- 1) International researchers are asked to ready the following by using *Fast Track* from *MySOS* website or *MySOS* app to simplify quarantine procedures at the time of entry (period of registration: from 2 weeks before departure to 6 hours before arriving in Japan)
 - *Vaccine Certificate for Quarantine* (3rd booster shot by designated types of

vaccine) or *COVID-19 Negative Test Result Certificate before departure* (entrants must undergo a test within 72 hours before his/her departure from home countries and the certificate must be issued by a medical institution)

- “Respond to the questionnaire” checked by researchers

Procedures and documents required to enter Japan (the Ministry of Health, Labour and Welfare of Japan)

- https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/border_procedure.html

(Japanese)

- https://www.mhlw.go.jp/stf/covid-19/border_procedure.html (English)

*Smartphones are necessary to use *Fast Track* from *MySOS* app. If you have finished your registration at *Fast Track* by the time of your arrival in Japan, all you have to do is to show a post-registration smartphone screen to the staff at the airport.

*International researchers who do not possess smartphones can register by accessing *MySOS* website through computer. In this case, please download, print and fill in the documents before departure, and show them to the airport staff upon arrival in Japan.

- 2) International researchers who cannot access *Fast Track* for some reasons, need to download, print and fill in the following documents, and submit them to a quarantine office at the airport upon arrival in Japan:

- *Vaccine Certificate for Quarantine* or *COVID-19 Negative Test Result Certificate before departure*

(<https://www.mhlw.go.jp/content/000799426.pdf>)

- “Respond to the questionnaire” checked by researchers

(<https://arqs-qa.followup.mhlw.go.jp>)

*Researchers need to print and submit QR code after completing “Respond to the questionnaire.”

- 3) Prior registrations for immigration process, tax declarations, etc. are possible by accessing “Visit Japan Web”, which will help you guide through a smooth passage of inspections at the airport.

- Visit Japan Web

https://www.digital.go.jp/policies/visit_japan_web/ (Japanese)

https://www.digital.go.jp/en/services/visit_japan_web-en/ (English)

- 4) International researchers are required to purchase medical insurance policies (including travel insurance policies covering medical expenses during living in Japan) or the National Health Insurance (public).

- 5) The following are the items necessary when you arrive in Japan and for the first couple of weeks after you start your life in Japan:

- Smartphone with *MySOS* app installed
- Face masks (unwoven textile)
- Cash, credit cards (to pay meals for the first couple of weeks after you start your life in Japan, travel expense from the airport to Gifu, etc.)
- Extra cloths, daily necessities, etc.

III. Procedures at the Airport

Please show the following documents, smartphone screen to the staff at an immigration office and quarantine office in the airport:

- Passport, visa
- Smartphone with *MySOS* app installed (please show *MySOS* screen to the staff)

*As stated in II 4. 2) above, international researchers who cannot access *Fast Track*, must download, print, fill in and submit the completed documents to a quarantine office in the airport upon arrival.

IV. Campus Life after Entering Japan

- 1) Please observe basic infection prevention measures on campus (1. wearing masks indoors, 2. use hand sanitizer, and 3. avoid the “Three Cs (“Closed spaces with poor ventilation,” “Crowded spaces with many people nearby,” and “Close-contact settings such as close-range conversations.”)”)”
- 2) International researchers who do not have resident permits of International House C must secure residence in Japan (apartment house, etc.) before leaving home countries.